

The Beacon Program:

Beacon has a program in place designed to address the needs of members who are experiencing difficulties at home, at school or with peers due to ADHD issues.

Beacon can arrange treatment services including:

- *Outpatient services*
- *Inpatient and Diversionary Services*
- *Community Support Services including Family Stabilization*
- *Intensive Case Management Services*

Beacon Health Strategies, LLC is a managed behavioral healthcare organization specializing in management of the mental health and substance abuse benefits for health plans.

This information is for educational purposes only. It may not reflect the opinion of your health care provider. For personal health care advice, consult a qualified health care professional.

500 Unicorn Park, Suite 401
Woburn, MA 01801
Plan specific telephone numbers:
NHP: 1-800-414-2820
NHPRI: 1-800-215-0058
www.beaconhealthstrategies.com



**Could Attention
Deficit Hyperactivity
Disorder (ADHD) be
affecting your child at
home or at school?**

2006

**Beacon Health Strategies, LLC
Prevention Series**

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Attention Deficit Hyperactivity Disorder commonly referred to as ADHD

Attention-Deficit Hyperactivity Disorder (ADHD) is a chronic condition. It is the most common childhood diagnosis typically affecting school-aged children. It is seen in 1 out of 20 children and boys are diagnosed up to 3 times more than girls.

Children with ADHD are “at-risk” for potentially serious problems: academic underachievement, school failure, difficulty getting along with peers, and problems dealing with authority. It is known that many symptoms continue into adulthood.

It is important to note that it is not uncommon to have multiple children in a household with ADHD. Research shows that there is a 3 –6 times increased risk that if one child in the family has ADHD then a sibling will also be diagnosed.

Studies show that children who receive adequate treatment for ADHD have fewer problems with school, peers and substance abuse, and show improved overall functioning, compared to those who do not receive treatment. A total treatment program should take into account the functioning of the whole family.

Does your child exhibit:

- Inappropriate levels of attention
- Decreased or poor concentration
- Fidgeting
- Hyperactivity
- Distractibility
- Impulsivity
- Functional impairment at home, at school or with peers
- Difficulty following instruction, listening to details or following through with a task
- Difficulty waiting

Best treatment interventions include:

- A team approach including the child, parents, teachers and healthcare professionals
- Behavioral Therapy
- Medication Management
- Family Therapy

Want to know more?

Call **Beacon Health Strategies** at the plan specific telephone numbers:

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Ask for information on how to get in touch with a professional in your area.

Or visit our website:

www.beaconhealthstrategies.com

Your child’s pediatrician is another good resource to talk with if you have questions or concerns about your child’s behaviors.

Additional resources for ADHD include:

National Alliance for the Mentally Ill

200 North Glebe Road, Suite 1015

Arlington, VA 22203

1-800-950-6264

www.nami.org/helpline/adhd

Children and Adults with Attention-Deficit/Hyperactivity Disorder (CHADD)

1-800-233-4050

www.chadd.org

The Attention Deficit Information Network, Inc,

781-455-9895

www.addinfonetwork.com

A.D.D. Warehouse

1-800-233-9273

www.addwarehouse.com

American Academy of Family Physicians

www.familydoctor.org